HIGH SCHOOL INTERSCHOLASTIC SPORTS 2019-2020

Varsity sports are predominantly for 11th & 12th grade students unless no JV team exists.
JV sports are predominantly for 9th & 10th grade students.

All Medical/Permission forms can be found on the Plainedge website. Click on the Parent tab and drop down to Health Services or HS Athletic Forms and Dates.

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Fall Sports
*Football begins August 19
All other Fall sports begin August 26
All Medical/Permission forms due by August 8

**HS Nurse is currently accepting medical forms as of June 24.**

- Varsity & JV Football (1st practice 7:30am PHS)
- Varsity & JV Boys Soccer (1st practice 9am PHS)
- Varsity & JV Girls Soccer (1st practice TBD by coach)
- Varsity & JV Girls Volleyball (1st practice TBD by coach)
- Varsity Boys Volleyball (Gr 9-12) (1st practice TBD by coach)
- Cross Country (Gr 9-12) (1st practice 7am PHS track)
- Varsity Girls Tennis (Gr 9-12) (1st practice 7:30 am PHS)
- Varsity Golf (Gr 9-12) (1st practice 9am PHS)
- Varsity & JV Cheerleading (1st practice 8am Brian Moore Athletic Center)

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Winter Sports
*Wrestling and Bowling begin November 12
All other Winter sports begin November 18

- Varsity & JV Boys Basketball
- Varsity & JV Girls Basketball
- *Varsity Girls Bowling (Gr 9-12)
- *Varsity Boys Bowling (Gr 9-12)
- Varsity Boys & Girls Winter Track (Gr 9-12)
  *Varsity & JV Wrestling
  Varsity & JV Cheerleading

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Spring Sports
*Boys Tennis begins March 16
All other Spring sports begin March 9

- Varsity & JV Baseball
- Varsity & JV Softball
- Varsity & JV Boys Lacrosse
- Varsity & JV Girls Lacrosse
- Varsity Boys Track & Field (Gr 9-12)
- Varsity Girls Track & Field (Gr 9-12)
  *Varsity Boys Tennis (Gr 9-12)